

COSCA 21st Annual Trainers Event

"Exploring the Stages of Trainer Development"

**Thursday 6th June 2019
9.15am - 4.00pm**

**at IRIS MURDOCH BUILDING, UNIVERSITY OF STIRLING,
FK9 4LA**

What can I expect from the event?

The Trainers Event will:

- explore trainer development and the stages of trainer development that most trainers go through whilst working on COSCA validated courses.
- consider how trainers can utilise themselves/the resources available to them to develop and maintain necessary skills required of a trainer (and to foster their own identity as a trainer).
- identify ways for experienced trainers to stay motivated and engaged with training delivery

What topics will be covered?

- Common challenges faced by the 'fledgling trainer', including developing assessment skills.
- Sources of formal/informal support throughout the trainer lifespan: Training Supervision and Working in Partnership
- Appropriate integration of increasing awareness, skills and experience into training delivery
- Utilising resources creatively in delivery
- Adapting to changing environment/student needs in the training room
- Motivating and engaging students and keeping engaged as a 'seasoned' trainer

****COST****

**COSCA Members: Early Bird booking until 31st March 2019: £65
1st April 2019 onwards: £75**

**Non-COSCA Members: Please add £10 to the above prices
Fee includes refreshments and lunch**

Refunds can be given if a cancellation is made no less than 2 weeks before the event. Booked places of those cancelling can be offered to an alternative attendee.



Scotland's
Professional Body
for Counselling &
Psychotherapy

COSCA (Counselling & Psychotherapy in Scotland)
16 Melville Terrace | Stirling | FK8 2NE
t: 01786 475 140 f: 01786 446 207
e: angela@cosca.org.uk w: www.cosca.org.uk

COSCA 21st ANNUAL TRAINERS' EVENT

THURSDAY 6TH JUNE 2019 at Iris Murdoch Building, University of Stirling

Forename	Surname	Date
Mailing Address		
Town	Post Code	
Telephone	Fax	Email
Organisations in which you are involved in training:		
Dietary/Access Requirements:		

PAYMENT

£65 early bird fee / £75 standard fee (non-COSCA members add £10))

- I enclose a cheque with the fee of £ _____
- Electronic bank payment (*please use first initial, surname and "Trainers Event" as reference*)

Bank transfer details: **Date paid:** _____

Bank: Clydesdale Bank
Name: COSCA (Counselling & Psychotherapy in Scotland)
Sort code: 82 68 05
Account number: 70174110

- Please invoice (**£2 service charge added**)

****If your organisation will be paying the invoice, please ensure a Purchase Order is raised and payment is made prior to the event**.**

Invoice Address if different from above:

Nominal Code	7
Invoice/Cheque	

[Please post form to address above or email to Jenny McLintock on: jenny@cosca.org.uk](mailto:jenny@cosca.org.uk)

