

COSCA 21st Annual Trainers Event

"Exploring the Stages of Trainer Development"

**Thursday 6th June 2019
9.15am - 4.00pm**

**at IRIS MURDOCH BUILDING, UNIVERSITY OF STIRLING,
FK9 4LA**

What can I expect from the event?

The Trainers Event will:

- explore trainer development and the stages of trainer development that most trainers go through while working on COSCA validated courses.
- discuss how trainers can use themselves as the major training resource in a direct and simple way, without making things too complex for participants.
- identify ways that trainers can develop deeper insight into their own personal and interpersonal dynamics.

What topics will be covered?

- Common challenges faced by fledgling trainer
- Sources of formal/informal support
- (Appropriate) integration of increasing skills and experience into training delivery
- Adapting to changing environment/student needs in the training room
- Keeping engaged as a 'seasoned' trainer: developing a specialism

****COST**** COSCA Members: Early Bird booking until 31st March 2019: £65
1st April 2019 onwards: £75

Non-COSCA Members: Please add £10 to the above prices
Fee includes refreshments and lunch

Refunds can be given if a cancellation is made no less than 2 weeks before the event. Booked places of those cancelling can be offered to an alternative attendee.



COSCA's 21ST ANNUAL TRAINERS EVENT – THURSDAY 6TH JUNE 2019
Iris Murdoch Building, University of Stirling, Stirling, FK9 4LA

Theme: “Exploring the Stages of Trainer Development”

PROGRAMME

- 9.45am **Registration**
- 10.00am **Intro/welcome:** *Jenny McLintock, COSCA Development Officer*
- 10.05am **Getting the most out of training supervision** – *Rachel Weiss, Rowan Consultancy*
- 10:35am **Why we should make learning ‘heavy theory’ fun**– *Margaret Christison, Edinburgh College/ Cruse*
- 11:20am **REFRESHMENT BREAK**
- 11.35am **Maintaining engagement and growth as a ‘seasoned trainer’** - *Neil MacAulay, Glasgow Council on Alcohol*
- 12:30pm **LUNCH**
- 1:20pm – 2.30pm & 2.40pm – 3.50pm*:
- Workshops:**
- **Standardising Assessment across Knowledge, Skills and Attitude’-** *Dr Joanne Innes, The Centre of Therapy*
 - **Working in Partnership- Building effective communication networks to support students changing needs, foster development, and manage risk -** **TBC**
 - **Motivating and Engaging Students-** *Patricia Joyce, The Grounded Learning Partnership*
- 3.50pm **Group discussion – overview**
- 4:00pm **Finish**

**Workshops will run twice with a 10-minute comfort break in between. Attendees can attend 2 of the 3 workshops.*



Scotland's
Professional Body
for Counselling &
Psychotherapy

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COSCA 21st ANNUAL TRAINERS' EVENT

THURSDAY 6TH JUNE 2019 at Iris Murdoch Building, University of Stirling

Forename	Surname	Date
Mailing Address		
Town	Post Code	
Telephone	Fax	Email
Organisations in which you are involved in training:		
Dietary/Access Requirements:		

PAYMENT

£65 early bird fee / £75 standard fee (non-COSCA members add £10))

- I enclose a cheque with the fee of £ _____
- Electronic bank payment (*please use first initial, surname and "Trainers Event" as reference*)

Bank transfer details: Date paid: _____

Bank: Clydesdale Bank
Name: COSCA (Counselling & Psychotherapy in Scotland)
Sort code: 82 68 05
Account number: 70174110

- Please invoice (**£2 service charge added**)

****If your organisation will be paying the invoice, please ensure a Purchase Order is raised and payment is made prior to the event**.**

Invoice Address if different from above:

Nominal Code	7
Invoice/Cheque	

[Please post form to address above or email to Jenny McLintock on: jenny@cosca.org.uk](mailto:jenny@cosca.org.uk)