

Advanced Course in Counselling Supervision



This Advanced Course in Counselling Supervision is aimed at experienced counsellors and supervisors, who want to be able to supervise at a Psychotherapeutic level.

This customised award has been credit rated by SQA at Level 11 on the Scottish Credit and Qualifications Framework (SCQF) with 60 credit points and validated by COSCA (Counselling & Psychotherapy in Scotland).

This course takes a new approach to counselling supervision. The course is about 'making meaning'. It is underpinned by Attachment theory and integrates Psychoanalytic, Cognitive Behavioural and Humanistic orientations. The course uses multi-model frameworks for supervision including Proctor & Inskipp, Hawkins & Shohet along with Egan's Skilled Helper model. The course incorporates a strong focus on group dynamics and group supervision.

The two-year course comprises:

- 12 days of face-to-face training in year 1
- 10 half days of group supervision in year 2
- 2 days of case presentations as part of a final assessment

The next course starts in January 2022

Applications are now invited

For full course details, please visit <https://www.thespark.org.uk/professionals>

or contact Training@thespark.org.uk

The Spark is a leading provider of couples counselling, marriage counselling, individual counselling, youth counselling and family counselling services in Scotland.