



Build the insights and skills to work safely with those affected by baby loss

Join our specialist training programme for Counsellors and Therapists at venues across the UK

sands.org.uk/counsellor-training



Saving babies' lives.
Supporting bereaved families.

Training for Counsellors and Therapists

Sands training programme for counsellors and therapists is 16 hours of CPD in a mix of online and face-to-face training events.

At the end, participants will receive a CPD certificate and a Sands logo to display on their websites and directory profiles.

The sessions are facilitated by specialist Sands trainers and at the end of the course participants will have knowledge and understanding of:

- › the parents' experience of pregnancy, birth and the death of a baby – covering all aspects of their journey
- › the unique nature of grief and loss experienced by parents when a baby dies
- › useful grief models and integrative therapeutical approaches to work effectively with baby loss
- › working holistically with a client's identity, culture and diversity
- › how parents experience therapy after loss – personal challenges and barriers to access
- › parenthood following the death of a baby
- › understanding the needs of people who are long-ago bereaved
- › the impact of working with pregnancy loss and baby death, and how to recognise your own needs