

Outcome Measurement Tools for Children and Young People Counselling

The following is a list of outcome measurement tools for measuring the outcomes of counselling children and young people. It is not an exhaustive list but is offered to give an overview of some of the main tools used in Scotland to measure the benefits and impact on children and young people who have received counselling. Some of the tools are for researchers and others are for practitioners. The websites for further information on each tool are given below.

- Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).
<https://warwick.ac.uk/fac/med/research/platform/wemwbs/>
- Strengths and Difficulties Questionnaire (SDQ) – measures behaviour.
<http://www.sdqinfo.com/>
- CORE Net (YP) (Young Persons) – measures feelings over the last week.
http://www.coreims.co.uk/Buy_Net_Software_YP.html
- Keys to Interactive Parenting Scale (KIPS) – shows how parents grow.
<http://www.comfortconsults.com/>
- Parent-Infant Relationship Global Assessment (PIR-GAS) – describes the strengths of the relationship and captures level of disorder
<http://www.nctsnet.org/content/parent-infant-relationship-global-assessment>
- Adverse Childhood Experiences Questionnaire (ACEs)
<http://www.acestudy.org/the-ace-score.html>
- ASI: Attachment Style Interview.
<http://www.childandfamilytraining.org.uk/29/Attachment-Style-Interview-ASI>
- CORC's (Child Outcomes Research Consortium) Outcome Rating Scale (for adolescents and adults). (This is the rating scale used in the Professor Mick Cooper's English wide on-going study of counselling in schools.)
<http://www.corc.uk.net/>

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