**Counselling People Towards Behaviour Change – fully on-line (real-time) course for qualified counsellors**



The Scottish Alcohol Counselling Consortium (SACC) is delighted to offer this COSCA validated 30-hour specialist alcohol counselling course on-line (real time) to qualified counsellors from 4th of September to 5th of November 2024. The course will run on Zoom for 10 weeks on alternate Tuesday and Wednesday evenings from 6.00 - 9.00pm.

Are you a qualified counsellor?

Do you meet clients who are affected by their own or someone else’s alcohol use within your practice?

Would you like to develop your knowledge and skills to better support them?

This course provides you with information on why people may use alcohol at harmful levels; gives you a better understanding of the impact of alcohol on people’s lives; helps you examine your own attitudes towards alcohol use; and provides you with theoretical knowledge and practical skills around current approaches to counselling people with alcohol related issues - which you can then use within your own practice.

Cost £595

Deadline for applications 12th of August 2024

Previous participants said:-

*“I would encourage anyone working within the alcohol/addiction field to complete this course if they get the chance. It was brilliant.”*

*“This course has certainly upskilled me and I now feel more confident when having these difficult conversations with people.”*

*“I will be taking a lot from this course to my own practice. I learned something new at each session.”*

Further information is attached.

**If you think this course may be for you please contact SACC Co-ordinator** [**michaela@scotacc.org**](mailto:michaela@scotacc.org) **for an application form.**

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| SACC is an organisational  member of COSCA | Scottish Charitable Incorporated Organisation SC044817 |