



COSCA (Counselling & Psychotherapy in Scotland)
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COSCA GROUP COUNSELLING SKILLS COURSE

INFORMATION FOR

THOSE WISHING TO PARTICIPATE ON THE COURSE

Participants' knowledge and previous experience

In designing this course it has been assumed that all participants wishing to attend will have:

- previously been assessed as competent in their use of a counselling approach and will have gained the COSCA Counselling Skills Certificate or other counselling skills/counselling qualifications as approved by COSCA
- some experience of applying these skills in a counselling or similar context.

It has also been assumed that participants will have been engaged in using their counselling skills since acquiring their counselling skills qualification and will have a working knowledge and understanding of the core conditions of Empathy, Genuineness and Acceptance in addition to the skills of Attending and Responding.

It is to be expected that participants will have varying levels of knowledge, interest and experience of the different models of counselling.